



## **“Fit India Freedom Run 3.0 Campaign 2022”**

Under the Azadi Ka Amrit Mahotsav, Himalayan Forest Research, Shimla organized “Fit India Freedom Run 3.0 Campaign 2022” from 2<sup>nd</sup> October, 2022 to 31<sup>st</sup> October, 2022. In this series the institute conducted Fit India Freedom Run from the campus of the Institute to Panthaghathi on 31<sup>st</sup> October, 2022 at 11:00 am. Dr. Sandeep Sharma Director, HFRI, Shimla along with Scientists, Officers, Staff and Research scholars (60 no.) took active part in this **Freedom Run**. Dr. Jagdish Singh, Head Extension thanked everyone for participation in this month-long campaign whole heartedly and hoped that this activity will be carried out on regular bases to keep our selves fit.

### **Glimpses of The Programme**







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